

Position	Race Nr	Name	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Total	Com
Category: NIPPER BOYS										
1	8	ETHAN DUVENHAGE	00:12:26						00:12:26	
2	45	RUBEN VENTER	00:13:21						00:13:21	
3	44	WIEKO STRYDOM	00:14:27						00:14:27	
4	7	NICHOLAS NORTON	00:20:22						00:20:22	
Category: SPROG BOYS										
1	241	SVEN ETSEBETH	00:10:03	00:09:12					00:19:16	
2	244	JACO ALDUM	00:10:45	00:09:32					00:20:18	
3	240	MATTHEW NORTON	00:10:44	00:12:03					00:22:47	
4	243	LUKE STAFFORD	00:11:51	00:11:55					00:23:46	
5	242	MICHAEL KANIS	00:12:27	00:12:09					00:24:36	
6	245	WERNI GRUENENFELDER	00:14:36	00:11:30					00:26:06	
Category: SPROG GIRLS										
1	246	BELLA GROBLER	00:16:38	00:18:33					00:35:11	
Category: SUB JUNIOR FEMALE										
1	556	ARIELLE BEHR	00:22:08	00:26:17					00:48:25	
Category: SUB JUNIOR MALE										
1	564	GUSTAV ROLLER	00:14:28	00:16:26					00:30:54	
2	563	JOSHUA KANIS	00:15:28	00:15:54					00:31:23	
3	559	HENDRIK DREYER	00:15:49	00:16:23					00:32:12	
4	562	STEPHAN ALDUM	00:16:26	00:18:09					00:34:35	
5	560	CARTREER-ADRIAN BARNES OLIVIER	00:17:16	00:17:30					00:34:46	
6	565	NICHOLAS VAN DER MERWE	00:18:10	00:16:47					00:34:57	
7	566	LIAM CRONJE	00:17:33	00:19:27					00:37:00	
8	558	LUKE DUFFIN	00:18:23	00:20:32					00:38:55	
9	568	HENRI SWANEPOEL	00:20:15	00:24:01					00:44:16	
10	557	STIAAN GRUENENFELDER	00:34:12	00:39:06					01:13:19	
	561	CLIFFORD COOMBE								DNS
	567	HENRI SWANEPOEL								DNS
Category: SUB VET FEMALE										
1	1413	BRIGITTE JOUBERT	00:19:14	00:17:43	00:18:29	00:18:16			01:13:43	
Category: SUB VET MALE										
1	1415	EUGENE ELLIOTT	00:14:53	00:16:05	00:16:54	00:18:16			01:06:08	
2	1416	WALDO DE BEER	00:16:14	00:17:49	00:19:46	00:19:03			01:12:52	
3	1421	DEVAN COETZEE	00:18:08	00:19:47	00:20:02	00:19:26			01:17:22	
4	1420	GERRIT BEZUIDENHOUT	00:18:26	00:20:13	00:21:26	00:22:23			01:22:27	
	1422	JACQUES JANSE VAN RENSBURG								DNS
	1419	WERNER PETERS								DNS
Category: U/23 FEMALE										
1	1207	DANIELLE STRYDOM	00:15:02	00:16:34	00:16:40	00:17:01	00:17:32		01:22:48	
2	1205	RIMARI SUTTON	00:15:03	00:16:36	00:17:17	00:17:37	00:18:07		01:24:40	
3	1204	MONIQUE DU TOIT	00:17:16	00:18:22	00:19:16	00:18:24	00:18:48		01:32:06	
4	1203	ASHLEIGH MAYHEAD	00:19:06	00:20:04	00:20:37	00:22:16	00:22:32		01:44:36	
	1206	MONIQUE SWART	00:19:31	00:28:34					00:48:05	DNF
Category: U/23 MALE										
1	1214	PIETER DU TOIT	00:12:09	00:12:50	00:13:09	00:13:44	00:13:34	00:14:14	01:19:41	
2	1201	MATTEO DAMILANO	00:13:09	00:14:35	00:14:53	00:14:42	00:15:20	00:15:30	01:28:07	
3	1209	FREDERICK SMIT	00:13:38	00:14:15	00:14:42	00:15:00	00:15:11	00:15:23	01:28:09	
4	1208	FREDERIK BOOYSEN	00:13:55	00:14:00	00:14:40	00:15:26	00:16:06	00:17:29	01:31:35	
5	1213	ERICK HEYNS	00:13:36	00:15:22	00:15:55	00:16:16	00:16:55	00:20:05	01:38:09	
6	1210	JOHN-WILLIAM LANG	00:13:58	00:15:59	00:15:40	00:17:34	00:18:13		01:21:22	LPD
7	1211	RYNO GROVE	00:15:39	00:16:41	00:17:08	00:17:48	00:17:48		01:25:04	LPD
8	1202	DYLAN MARSDEN	00:16:23	00:17:35	00:18:16	00:18:32	00:18:46		01:29:32	LPD
	1212	ALEXANDER HENNING	00:13:50	00:16:38	00:15:56	00:16:36	00:15:41	00:16:58	01:35:40	DQ
Category: VET FEMALE										
1	1601	MARISA VAN DER LINDE	00:18:42	00:17:37	00:18:34	00:18:15			01:13:08	
2	1602	LEONORA CHANGUION	00:22:36	00:23:22	00:23:31	00:24:46			01:34:15	
Category: VET MALE										
1	1608	DAVID COOKE	00:14:00	00:14:23	00:14:50	00:15:04			00:58:18	
2	1605	PAUL DAVIES	00:14:19	00:14:23	00:15:02	00:15:06			00:58:50	
3	1609	SEAN HENDERSON	00:14:23	00:14:38	00:15:39	00:16:13			01:00:54	
4	1617	ALBY NEL	00:14:37	00:15:56	00:16:01	00:15:56			01:02:30	
5	1613	NIGEL LAVER	00:14:48	00:15:44	00:16:01	00:15:59			01:02:32	
6	1604	RIAAN RALL	00:15:23	00:15:41	00:15:42	00:15:55			01:02:41	
7	1612	JASON DUFFIN	00:15:19	00:15:10	00:16:17	00:16:35			01:03:22	
8	1606	ETIENNE VAN DER MERWE	00:15:09	00:15:58	00:16:24	00:16:08			01:03:40	
9	1607	HENK VAN ZYL	00:17:11	00:17:57	00:19:00	00:20:34			01:14:42	

Position	Race Nr	Name	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Total	Com
	10	1611	ROSS WILSON	00:19:57	00:22:02	00:22:46	00:22:16		01:27:01	LPD
	11	1615	PIETER BOSHOFF	00:18:50	00:20:40	00:21:58			01:01:27	LPD
	12	1616	GRAEME BEZUIDENHOUDT	00:19:23	00:20:53	00:21:37			01:01:53	LPD
	13	1614	LONWABO MASETI	00:21:19	00:26:43				00:48:02	LPD
		1603	HENRY LANDSBEERG	00:17:48					00:17:48	DNF
		1610	DOUGLAS LANG	00:19:56					00:19:56	DNF
Category: YOUTH FEMALE										
	1	602	HELEN WILSON	00:20:28	00:22:40	00:23:36			01:06:44	
	2	601	TAMLYN LUYT	00:21:38	00:25:33	00:23:36			01:10:46	
	3	635	MIYANDA MASETI	00:21:18	00:32:43	00:31:57			01:25:58	
	4	603	MADISON COOMBE	00:26:26	00:27:42	00:34:28			01:28:35	
		604	MARLIEN VAN HENGEL	00:21:33					00:21:33	DNF
		605	DANIELLE VAN EMMENES	00:22:51					00:22:51	DNF
Category: YOUTH MALE										
	1	627	ERNEST ROETS	00:12:48	00:13:48	00:13:52			00:40:28	
	2	620	MASSIMILIANO AMBROSI	00:13:43	00:14:53	00:14:52			00:43:28	
	3	633	NIKA DUFFIN	00:14:27	00:15:02	00:15:18			00:44:46	
	4	618	WILLIAM MILLS	00:14:32	00:15:40	00:15:38			00:45:50	
	5	621	JP DE JAGER	00:14:48	00:15:31	00:15:34			00:45:53	
	6	614	JOSH VAN DER MERWE	00:14:28	00:15:52	00:16:28			00:46:48	
	7	631	ZUAN JACOBS	00:15:10	00:16:27	00:16:07			00:47:44	
	8	626	KIERAN WOEST	00:14:30	00:15:48	00:18:13			00:48:31	
	9	636	MATTHEW FRATTAROLI	00:15:41	00:16:07	00:17:16			00:49:04	
	10	632	DRISTEN VENTER	00:15:12	00:17:16	00:17:09			00:49:36	
	11	622	JONATHAN SMIT	00:16:18	00:16:50	00:16:34			00:49:41	
	12	628	ORLAN SANNE	00:15:21	00:17:17	00:17:05			00:49:42	
	13	616	XAVIER METTLER	00:15:22	00:16:47	00:17:35			00:49:44	
	14	619	THOMAS-ROSS PATTERSON	00:15:58	00:17:41	00:18:35			00:52:13	
	15	606	GHIAN MULLER	00:17:21	00:17:13	00:17:46			00:52:20	
	16	623	REGHARDT VAN BILJON	00:18:24	00:19:06	00:19:37			00:57:07	
	17	615	TIVANN BEZUIDENHOUT	00:18:06	00:19:45	00:19:21			00:57:11	
	18	609	RUBEN VAN BILJON	00:18:59	00:19:43	00:18:32			00:57:13	
	19	612	TRAVIS RADEMAN-LUDEKE	00:19:28	00:20:18	00:18:49			00:58:36	
	20	625	ETHAN-WAYNE KLEYNHANS	00:20:59	00:23:01	00:23:55			01:07:56	
	21	611	DANEAL ROODE	00:19:38	00:22:59	00:27:41			01:10:19	
	23	613	LOUIS VAN ROOYEN	00:23:58	00:24:52				00:48:50	LPD
	24	608	LUMARDT PIENAAR	00:22:48	00:29:51				00:52:39	LPD
		634	JOSHUA-ALWYN SMIT	00:15:45	00:16:55				00:32:41	DNF
		617	ANDRÉ STEENEKAMP	00:17:28					00:17:28	DNF
		624	CALEM ANGUS							DNS
		610	TIAAN DU PLESSIS							DNS
		607	LUKE LIEBENBERG							DNS
		629	STUART LUYT							DNS
		630	HERMAN BRAND							DNS