

PROVISIONAL PROGRAM (XCM)

Class	Distance	Category	Age (on 31 Dec)	Start	Cut-off	n Laps
Marathon	60 km	Elite female	19 - 29	8h00 male	90 min per lap	3
		Elite male				
		Sub Vet female	30 - 39			
		Sub Vet male				
		Vet female	40 - 49	8h05 female		
		Vet male				
		Master female	50 - 59			
		Master male				
1/2 Marathon (Short)	20 km	S Jnr female	13 - 14	8h30 male	120 min	1
		S Jnr male				
		Open female 20	15 - 69	8h35 female		
		Open male 20				
1/2 Marathon (Long)	40 km	Youth female	15 - 16	11h00 male	90 min per lap	2
		Youth male				
		Junior female	17 - 18			
		Junior male				
		Grand Master female	60 - 69	11h05 female		
		Grand Master male				
		Open female 40	19 - 59			
		Open male 40				