

Pretoria East

**Health and Wellness**

(Pty) Ltd 2010/019390/07



Pretoria East Health and Wellness (Pty) Ltd t/a XCOSA

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## **Indemnity for participating in XCOSA Events and ProVision Performance Lab activities**

I undertake to participate entirely at my own risk. I agree that I shall have no claims whatsoever against the organizing body, any individuals, organiser or official, marshal, assistant, helper or agent, the sponsors, any local authority or land owners, in respect of any loss or damage whatsoever I may suffer arising from any injury to my person or loss or damage to property as a result of, or arising out of, whether directly or indirectly, my participation in this event, including my arrival and departure there from and attendance of any ceremony and function thereof, however such loss or damage may arise and regardless of whether or not same shall have been caused directly or indirectly by negligence, of one or more or all of the aforementioned parties. In the event of my approval of this form as a guardian of a minor, I hereby consent to such minor being bound by the foregoing and further I indemnify the aforementioned parties to the extent, if any, to which such minor is not capable of waiving his rights as stipulated within. I agree to participate subject to CSA and UCI rules including any drug tests and penalties provided for therein. By entering, I agree to email, WhatsApp and sms communications regarding event details. I have read the above indemnity and the rules. I understand them and shall abide by them.